



COLOR RUN

When: Saturday, October 2 at 9 a.m.

**Where: Memorial Field, behind Memorial and
Beatrice Gilmore Schools off McBride Avenue**

This event is free!

**Please wear old clothing and bring a mask
or bandana. A limited number of free
sunglasses will be available to attendees.
Bringing your own protective eyewear is encouraged.**

A color run is a short, fun run where participants wear white or light-colored clothing and are splattered with an assortment of powdery colors. The powders are a combination of baking soda, cornstarch, and safe dyes. Even though it is safe, it may take a few washes to get the color completely out of your clothing. Some people wear sunglasses or goggles to keep the color out of their eyes and use a bandanna to keep it out of their mouth.

The Woodland Park Stigma Free Task Force for Mental Health Awareness exists to increase community awareness surrounding mental health. This Task Force seeks to offer information, education, assistance and support to those who are living with or suffering from mental illness and diagnosable conditions as well as individuals who are impacted by mental health disease.

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