



*World Mental
Health Day
Candlelight Vigil*



Sunday, October 10 is World Mental Health Day. The Woodland Park Stigma Free Task Force will host a free candlelight vigil. We will provide you with luminaries in which you can honor a loved one by writing their name on it.

Please join us at the Dowling Gardens Gazebo at 7 p.m.

If you know someone who is in crisis please call the National Suicide Prevention Lifeline toll free at 1-800-273-TALK (8255) - 24 hours a day, seven days a week. There is hope.

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