



"The power of seeing all those empty shoes stops you in your tracks and sends a message that serves as an invaluable tool in the efforts to prevent suicide."

– Jennifer Velez, Esq., NJDHS Commissioner Retired

Unless you have walked **IN THEIR SHOES**™

you would never know the overwhelming feeling of sadness, anxiety and hopelessness that causes hundreds of young people to end their lives.



The exhibit consists of 277 pairs of shoes to represent the New Jersey youth, ages 10 through 24, who lost hope and ended their lives in the years 2014-2016.* Most of these people - 196 - were young men. This exhibit lets young people know that they are not alone in their struggles and encourages them to seek help. In addition, the IN THEIR SHOES™ exhibit increases understanding, empathy and kindness towards those who might be struggling in silence.

Join us for the
**Coming Up
for AIR™**
mental health
education and
suicide
prevention
presentation



Please join us on **Saturday, May 15th**, from 10:00 a.m. to 1:00 p.m. to experience the powerful IN THEIR SHOES™ exhibit. The exhibit will be on display at **Dowling Gardens** (2 Dowling Parkway, Woodland Park, NJ 07424). Rain Date: Saturday, June 6, 2021.

www.air.ngo

* Source: 2018 New Jersey Youth Suicide Report

The Attitudes In Reverse In Their Shoes™ exhibit was brought to you through the support of:
Woodland Park Range & Woodland Park Stigma-Free Task Force

